

EXCELLENCE IS ALL AROUND YOU. You just need to know where to look.



Choose a Center of Excellence hospital and save an average of 22%

Going to the hospital can be stressful. Choosing one shouldn't be. That's why we've identified top-performing¹ hospitals to help you make your own decision. These Centers of Excellence rank above all other in-network hospitals when it comes to health outcomes and savings for you. Nothing stressful about that.

What exactly is a Center of Excellence? ★

It's a hospital that's earned a top ranking for cost and health outcomes for 31 common inpatient conditions and procedures, like heart conditions, hip replacements and surgeries. Plus, we evaluate outpatient infertility treatment centers. We make it easy for you to find Centers of Excellence by clearly labeling them on myCigna.com.

Based on industry standards, not just our standards

Each year, we review third-party data to compare hospitals' cost and health outcomes for each of the 31 conditions and procedures. We start by looking at the patient experience, including cost. Then, we use other outside data to measure how often patients had to be readmitted, as well as the number of complications, related deaths and other quality-based information. Finally, we review hospital costs and the average length of patient stays.

Based on all of this fact-finding, a hospital can get up to three stars for health outcomes and up to three stars for cost. If a hospital earns a total of five or six stars for any of the reviewed conditions and procedures, they're rated as a Center of Excellence.



Why choose a Center of Excellence?

Compared to other in-network hospitals, Center of Excellence hospitals have earned top-ranking for health outcomes and provide²:

- 22% lower overall procedure costs
- 19% lower cost for hip replacement
- 23% lower cost for knee replacement
- 25% lower cost for bariatric surgery
- 26% lower cost for cancer conditions*

*Cancer conditions are kidney (renal) cancer, uterine cancer, breast cancer and prostate cancer.

Where do I find these hospitals?

To find Center of Excellence hospitals, go to myCigna.com and select "Find a Doctor or Service." Once you're on our online directory, look for the special Center of Excellence symbol.



GO YOU[®]



Hospital rankings are provided for these common conditions and procedures:

Cardiac surgery

- Coronary artery bypass surgery
- Cardiac defibrillator implant
- Cardiac pacemaker implant
- Heart valve replacement

Elective cardiac surgery

- Cardiac catheterization
- Angioplasty with and without stent

Gastroenterology

- Bariatric surgery

General heart conditions

- Heart attack
- Heart failure
- Irregular heartbeat

General surgery

- Abdominal hysterectomy
- Colon surgery
- Laparoscopic gallbladder removal
- Prostate cancer
- Kidney (renal) cancer

Infertility (outpatient)

Neurology

- Stroke
- Head and neck endarterectomy

Obstetrics

- Cesarean section
- Vaginal delivery
- Infant – premature
- Infant – premature major problems
- Uterine cancer
- Breast cancer

Orthopedic back surgery

- Disk surgery
- Spinal fusion

Orthopedics

- Total hip replacement
- Total knee replacement

Pulmonology

- Chronic Obstructive Pulmonary Disorder (COPD)
- Pneumonia, adult

Respiratory – child

- Acute bronchitis
- Asthma

Need help choosing a doctor?



Look for the Cigna Care Designation

When it comes to choosing a doctor, you shouldn't have to choose between quality care and affordable cost. After all, you deserve both. That's why we review doctors in 22 different medical specialties for quality health outcomes and cost-efficient care. The top performers¹ earn the Cigna Care Designation. And it's an easy way for you to feel good about choosing a doctor that's right for you. Find these top-performing doctors on myCigna.com.



1. Top-performing hospitals and doctors are those identified as having top results based on Cigna's quality and cost-efficiency methodologies.

2. Source: Cigna analysis of claims data 1/1/2011–12/31/2011.

The information provided here is intended to be general information on how you can get the most out of your health care benefits. You are encouraged to consider all relevant factors and to consult with your treating doctor when choosing a hospital or health care professional for care. Designations are not a guarantee of the quality of care delivered. Doctors and facilities are independent contractors and not agents of Cigna.

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